COURSE INFORMATION Subject: HEALTH Head of Subject: MR SHAY O'GORMAN

	Year 12	Year 13
Introduction	In Health Education, students develop their understanding of the factors that influence the health of individuals, groups, and society: lifestyle, economic, social, cultural, political, and environmental factors. At Level 3, there is a focus on the Determinants of Health and how these affect various populations. Students develop competencies for mental wellness, reproductive health and positive sexuality, and safety management. Students build resilience through strengthening their personal identity and sense of self-worth, through managing change and loss, and through engaging in processes for responsible decision-making. They learn to demonstrate empathy, and they develop skills that enhance relationships. Students use these skills and understandings to take critical action to promote personal, interpersonal, and societal well-being.	
Prerequisites	Into Year 12 – None. Into Year 13 – Either 10 credits or more in either Level 2 Health, English, Food Technology, or Physical Education.	
Course Content	Health (2.2) Resilience and ability to change. Health (2.3) Examining issues in our local community and to develop an action plan to help promote and enhance the well-being of our community or school. Health (2.5) Exploring what it means to be male and female in New Zealand society (gender identity) as well as sexual identity. They will look at and evaluate the factors affecting the social justice of youth. Health (2.1) External examination on either: Body Image, Conflict in Relationships, Drug Use, Stress Management, Binge Drinking or other adolescent health issues.	Health (3.1) Students will examine the influences of alcohol on New Zealand young people. They will explore their attitudes affecting individuals, others and the community, and look at possible solutions. Health (3.3) Students will examine 3 current health practices used to manage depression in New Zealand. These practices will be across Western Scientific Medicine, Complementary and Alternative/ Traditional medicine. Health (3.4) Students explore an ethical issue: Drinking age, Sexuality, Euthanasia, Pornography, Medicinal Cannabis, Parental Rights and Organ Donation are topics discussed. Students can pick one to research further. Health (3.2) External Examination: Students will investigate sexual reproduction, life expectancy and disease in relation to poverty on a global level.
Assessment	**Internals (15 Credits)** **AS 91236 (2.2)** - Evaluate factors that influence people's ability to manage change (5 credits) **AS 91237 (2.3)** – Take action to enhance an aspect of people's well-being within the school or wider community (5 credits) **AS 91239 (2.5)** – Analyse issues related to sexuality and gender and to develop strategies for addressing the issues (5 credits) **External (5 Credits)** **AS 91235 (2.1)** – Analyse an adolescent health issue (5 credits) **Total Credits: 20 credits**	**Internals (14 Credits)** **AS 91461 (3.1)** – Analyse a New Zealand health issue (5 credits) **AS 91463 (3.3)** –Evaluate health practices used in New Zealand (5 credits) **AS 91464 (3.4)** – Analyse a contemporary ethical issue in relation to well-being (4 credits) **External (5 Credits)** **AS 91462 (3.2)** – Analyse an adolescent health issue (5 credits) **Total Credits: 19 credits**