**Subject: FOOD & NUTRITION** 

	Year 12	Year 13
Course Content (In no order.)	<ol> <li>Food for those with special dietary needs for example Athletes:</li> <li>Sustainable food practices.</li> <li>Analyse beliefs, attitudes and practices related to a Nutritional issue for families in New Zealand. Food security is one such issue.</li> <li>Bringing it all together. Applying nutrition and the underlying Principles to a range of nutritional contexts of interest to students.</li> <li>In each unit of learning there is a practical cooking component.</li> <li>All standards contribute toward level two literacy</li> </ol>	<ol> <li>Investigate a nutritional issue facing New Zealand</li> <li>Take action to address the concern studied in unit one.</li> <li>Investigate the influence of a multi-national food corporations on eating patterns in New Zealand</li> <li>Investigate &amp; analyse different advertising strategies &amp;media messages in depth and analyse their influence on people's food choices. (optional)</li> <li>Evaluate nutritional information commonly misunderstood or presented in ways that is confusing and misleading.</li> <li>Scholarship is offered to those who are excelling in this subject. In each unit of learning there is a practical cooking component.</li> <li>All standards contribute toward literacy.</li> </ol>
Prerequisites	Must have NCEA level one.	Must have NCEA level 2, Level 2 Food and Nutrition OR level 2 Physical Education (minimum 15 achievement standard credits)
Assessment	91299 2.1 Analyse issues related to the provision of food for people with specific food needs 5 credits  *91302 2.4 Evaluate sustainable food practices. 5 credits  *91301 2.3 Analyse beliefs, attitudes and practices related to a  Nutritional issue for families in New Zealand 5 credits  91300 Evaluate health promoting strategies designed to address a nutritional need  External 4 credits *If students are interested, we may swap this standard for the other *.	External Assessment: 8 credits: 91471 3.6 Analyse the influences of food advertising on well-being. 4 credits and if there is interest 91470 (3.5) Evaluate conflicting nutritional information relevant to well-being in New Zealand society.  4 credits  Internal Assessment: 15 credits 91466 3.1 Investigate a nutritional issue affecting the well-being of New Zealand society.  5 credits 91467Implement an action plan to address a nutritional issue affecting the wellbeing of New Zealand society. 5 Credits 91468 3.3 Analyse a food related ethical dilemma for New Zealand societyOptional 5 credits 91469 3.4 Investigate the influence of multinational food corporations on eating patterns in New Zealand. Optional 5 credits Other Achievement Standards may be offered after consultation with students is completed.
Costs	Nil	Nil